

Intravenous (IV) Infusion Therapy Checklist

Checklist of what to bring:

- Your completed Intravenous (IV) Infusion Therapy Intake Form
- A list of all prescription medications, OTC medications, vitamins/supplements that you take
- A copy of your most recent bloodwork is helpful
- Your signed Consent Form
- Your signed HIPPA Notice
- Make sure you are well hydrated prior to your visit. We suggest drinking 1-2 16oz. bottles of water. Dehydration can make it difficult to insert an IV.
- Make sure you eat something prior to your visit. We suggest a high protein snack, such as nuts, seeds, a protein bar, cheese, yogurt or eggs. Low blood sugar can make you feel weak, light-headed or dizzy.

During your first visit for IV Vitamin Therapy infusions:

During the first visit, a Registered Nurse will discuss your main complaints and desired outcomes with you. The RN will review your medical & surgical history and any medications you are taking. Based on this assessment, your Intravenous (IV) infusion will be customized to address your individual needs. If you have any complex medical conditions, the physician at Pearland Med Spa may request you obtain blood work or further testing and/or your personal physician's approval prior to administering any IV infusions.

What to expect:

The IVs used during your Intravenous (IV) infusion therapy are exactly the same that you would find in a hospital. Instead of a clinical experience though, our IV infusions are given in a peaceful spa setting and leave you feeling calm, relaxed, and refreshed.

Depending on your customized IV cocktail, the infusion can be finished in as little as 20-30 minutes. Our friendly and attentive staff will keep you calm, cared for, and comfortable during your infusion. Patients find the experience tranquil and healing. Patients leave feeling vibrant, energized, and refreshed.